

# TROPICAL PARADISE

SPA & BOUTIQUE

Tanning  
&  
Spa Services

...  
Hairstyling

...  
Cruisewear  
&  
Accessories

49 Keil Dr. S. • Chatham, ON N7M 3G7  
519-351-4030 • salon: 519-436-1440  
fax: 519-436-1164

[www.tropicalparadise.on.ca](http://www.tropicalparadise.on.ca)  
Email: [info@tropicalparadise.on.ca](mailto:info@tropicalparadise.on.ca)  
[info@tropicalparadisechatham.ca](mailto:info@tropicalparadisechatham.ca)

**Reservations:** We recommend that you book your treatments as far in advance as possible to ensure your most convenient times and dates are available.

**Prompt:** Please arrive at least 5-10 minutes before your scheduled appointment. Arriving early guarantees your full treatment time as we finish our services promptly so as not to delay the next client.

**Cancellation Policy:** Please be aware that we require **24-hour** notice of any change or cancellation.

**Taxes and Gratuities:** All services are subject to applicable taxes. If you wish to tip, you may have it added to your final bill.

**Mon., Tues. & Wed. Discounts: Seniors (60 plus) & Students** receive 10% off all services (must present ID card). Pamper & Series Packages are not included.

**Discounts: Seniors:** Receive 10% off all clothing and accessories.

**Tanning:** Call for monthly tanning specials.

## Gift Certificates!

Available for all services, packages or merchandise. These can be ordered by phone, fax, or in person.

### Hours of Operation:

8:30-9 Wed. & Thurs.    8:30-5 Saturday  
8:30-8 Mon., Tues., Fri.    12-4 Sunday  
(hours change slightly according to the season)

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Experience

*Tropical  
Paradise*

## PAMPER PACKAGES

**Classic**  
Wash, cut, style & manicure ..... reg. 61.00 - \$59.00

**Refresher**  
Manicure and pedicure  
1 hr. 45 mins. .... reg. \$76.50 - \$73.50

**Tranquility**  
Indian Head Massage plus a manicure and pedicure  
1 hr. 45 mins. .... reg. \$122.50 - \$119.00

**Revitalizer**  
Manicure and pedicure plus paraffin on hands  
2 hrs. 45 mins. .... reg. \$107.50 - \$104.00

**Signature**  
Manicure, pedicure & 50 minute relaxation massage  
2 hrs. 45 mins ..... reg. \$130.50 - \$126.50

**Retreat**  
Manicure, pedicure and facial  
2 hrs. 45 mins ..... reg. \$137.50 - \$132.50

**Rejuvenator**  
File and polish, express pedicure, express facial, 30 min. relaxation massage  
2 hrs. 45 mins ..... reg. \$143.50 - \$139.00

**Party Indulgence**  
Colour & cut, manicure & pedicure ..... reg. \$145.50 - \$141.00

**Escape**  
Manicure, pedicure and hot stone massage  
2 hrs. 45 mins ..... reg. \$149.50 - \$144.50

**Body Bliss**  
Signature facial, manicure, pedicure, and 60 minute relaxation massage  
4 hours ..... reg. \$199.50 - \$194.50

**Ultimate Relaxer**  
Manicure, pedicure, signature facial and a spa aromatic body treatment  
4 1/2 hours ..... reg. \$223.50 - \$218.00

**Kids Spa Services**  
Kids file & polish ..... \$12.50  
Mini manicure ..... \$16.50  
Mini pedicure ..... \$24.50  
Paint toes, fingers and curl hair ..... \$36.00  
**Age 12 and under**

## HAIRSTYLING



Gents (cut) ..... \$20.00  
Blow Dry & Style (short) ..... \$21.50  
Blow Dry Straight ..... \$25.50  
Ladies (cut only) ..... \$30.00  
Ladies (cut & style) ... \$34.00  
Up do's ..... \$41.00 plus  
Children (6 & under) \$12.00  
(7-12) ..... \$18.50

**Perms** (includes hair cut)  
Short ..... \$83.00  
Medium ..... \$90.00  
Long ..... \$97.00 plus  
Spiral ..... \$125.00 plus

**Haircolouring**  
Colour & Cut ..... \$69.00 plus  
Colour Only ..... \$59.00  
Colour & Highlights (no cut) ..... \$109.00 plus  
Colour & Highlights (includes cut) ..... \$119.00

**Ilumen**  
Hair colour ..... \$81.00 plus

**Highlights/Cut/Cap**  
Short ..... \$82.00  
Medium ..... \$86.00

**Foils/Cut**  
Short ..... \$98.00  
Medium ..... \$102.00  
Long ..... \$109.00

**Foils Only**  
Short ..... \$80.00  
Medium ..... \$85.00  
Long ..... \$90.00

Bleach & Tone ..... \$93.00  
Partial Highlights (no cut) ..... apprx. \$70.00  
Partial Highlights (includes cut) ..... \$85.00

**Keratin Treatment** ..... \$150.00-\$400.00  
With collagen. Smooths, shines, softens, eliminates frizz, formaldehyde free. (lasts 4-6 months)

**Keratin Conditioning Treatment** . \$75.00-\$200.00  
(lasts 4-6 weeks)

**Chemical Relaxer** (no formaldehyde) \$150.00-\$400.00  
Call for Free Consultation

**Loop & Lock Hair Extensions** (call for pricing)

## MARY COHR FACIAL TREATMENTS

### Express

Includes cleansing, facial massage, mask and treatment cream.

30 min. .... \$45.00



### Signature Facial for Men and Women

Includes deep cleansing, exfoliation, steaming, extractions, facial massage, mask and moisturizer.

60 min. .... \$61.00

### Back Facial

Includes cleansing, exfoliation, steaming, extractions, mask, back massage and moisturizer.

45 min. .... \$59.00

### Peel & Lift

- complexion is radiant - age spots fade away  
- the skin is visibly lighter  
- the skin is smoother, more supple with renewed firmness and youthfulness

60 min. .... \$70.00

### Catiovital

This rehydrating treatment combines the sauna effect of a heat mask for deep cleansing the skin. Ends with a massage with relaxing oils. Recommended for all skin types.

1 hr. 15 min. .... \$76.00

### Lifting Beaute

Wrinkles and fine lines are plumped up and smoothed out thanks to the Anti-Wrinkle Face Traceur and our exclusive revitalizing and regenerating massage. The treatment is concluded with a highly active marine collagen mask that helps to lift and firm the face, leaving the skin radiant and more hydrated.

..... \$81.00

### Catiovital Eye Treatment

A hydrating treatment that reduces the appearance of fine lines and dark circles. Soothes tired eyes.

30 min. .... \$40.00

Add to any facial treatment for \$26.00

### Thai Facial

Relaxing and detoxifying.

60 min. .... \$70.00

## HANDS AND FEET



### Manicures

Polish ..... \$14.50

File & Polish Manicure .... \$17.50

Signature Manicure ..... \$27.00

Classic Manicure ..... \$43.50

(includes exfoliation & mask)

Exclusive Manicure &

Lavender Paraffin Treatment

(polish incl.) ..... \$43.50

French Polish Application ..... \$3.00

### Nail Tips

Party Nails ..... \$36.00

Nail Tip Extensions (full set) ..... \$50.00

Nail Tip Extensions (French tip) ..... \$55.00

Gel Overlay on Natural Nails ..... \$36.00

Gel Overlay on Natural Nails (French tip) ..... \$41.00

Two Week Nail Fill ..... \$28.00

Two Week Nail Fill with French Tip ..... \$33.00

Nail Tip Replacement ..... \$7.00 & up

Removal with Paraffin Infusion ..... \$40.00

OPI Coloured Gel (full set) ..... \$55.00

Overlay ..... \$41.00

Fill ..... \$32.00

### Pedicures

Express Pedicure ..... \$42.00

Signature Pedicure ..... \$49.50

Classic Pedicure (includes exfoliation & mask) ..... \$64.00

Exclusive Pedicure & Red Clay Paraffin Treatment ..... \$64.00

French Polish Application ..... \$3.00

Anti Fungal Toe Nail Replacement (each) ..... \$11.00

Moisturizing Lavender for Hands ..... \$18.50

Detoxifying Red Clay for Feet (removes toxins) ..... \$18.50

Paraffin for Hands and Feet ..... \$30.00

### WAXING

Lip, Chin, Brow .. \$13.25

Chest ..... \$41.50

Sideburn ..... \$13.25

Bikini ..... \$24.50

Facial Wax (any 2) \$25

Brazilian ..... \$51

Full Face ..... \$40

Half Leg ..... \$35

Toe/Finger Wax .. \$12.50

Half Leg & Bikini .... \$44

Underarms ..... \$20.50

Full Leg ..... \$53

Forearms ..... \$20.50

Full Leg & Bikini ..... \$64

Full Arms ..... \$29.50

Half Leg & Brazilian . \$73

Back ..... \$41.50

Full Leg & Brazilian ... \$85

### LASH & BROW

Brow Tint ..... \$16.50

Lash & Brow Tint \$41.00

Lash Tint ..... \$26.50

Lash Curl ..... \$40.50

Semi-Permanent Eyelash Extensions ..... \$47.00

Maintenance ..... \$17.50 plus

Removal ..... \$17.50

Removal ..... \$17.50

## RELAXATION THERAPIES

### Relaxation Massage

Massage oils are lightly massaged over the body to stimulate circulation, relieve tension & reduce stress.

30 min.....	\$39.00
50 min.....	\$54.00
60 min.....	\$62.00

### Hot Stone Massage

A specialty massage that uses smooth, heated stones. The therapist warms up the body with traditional Swedish massage, then massages you with heated stone. As the stone cools, the therapist replaces it with another.

30 min.....	\$48.00
60 min.....	\$73.00



### Indian Head Massage

Ancient massage from India. Includes massage of the scalp, neck, shoulders and arms. It reduces depression, headaches, knotted muscles, eye strain, and insomnia.

35 min.....	\$46.00
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### Ear Candling

Gentle and effective in removing buildup of ear wax. May help itchy ears, sinus problems, headaches and ringing ears.

1 hour.....	\$55.00
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### Spa Aromatic Body Treatment

Relaxing properties of essential oils, seaweed and fruit extracts can ensure a firmer and slimmer figure. The soothing aromas will bring you physical and mental relief while the toning body mask will detoxify your body.

Detoxifying, slimming & firming.....(1 1/2 hrs.)	\$86.00
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### Thai Steam Herbal Massage

The Thai steam herbal massage is a treatment that incorporates elements of Swedish relaxation massage, Lomi Lomi, Thai massage movements and Thai herbal compresses. The benefits are two-fold: deeply penetrating moist heat and the natural oils of the herbs that will penetrate throughout the session. You will find it an intensive, relaxing and a very detoxifying treatment.



Treatment for Full Body (1 1/2 hrs.).....	\$120.00
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## SERIES

Any of our face and body treatments may be purchased as a series. With the purchase of any three services, you will receive the fourth one half price.

4 Signature Manicures.....	\$ 94.50
4 Signature Pedicures.....	\$ 173.25
4 Signature Facials.....	\$ 213.50
4 Bikini Waxing.....	\$ 85.75
4 Waxing (full leg & bikini).....	\$ 224.00
4 Waxing (half leg & bikini).....	\$ 154.00
4 Brazilians.....	\$ 178.50
4 50 min. Relaxation Massages.....	\$ 189.00
4 Colour & Cut.....	\$ 241.50
4 Foil & Cut (med.).....	\$ 357.00



## BRIDAL PACKAGES

### Package #1

Hair Style & Make-Up  
Short..... reg. \$57.50 - \$55.00

### Package #2

Up-do & Make-Up  
Long..... reg. \$77.00 - \$75.00

### Package #3

Hair Style & Make-up (Trial Run & Wedding Day)  
Short..... reg. \$115.00 - \$111.00

### Package #4

Up-do & Make-up (Trial Run & Wedding Day)  
Long..... reg. \$154.00 - \$149.50

### Package #5

Pedicure, make-up & up-do  
Nail Tip Extensions (French)..... reg. \$181.50 - \$176.00

Makeup Application..... \$36.00

Tan Responsibly

## Sun-Kissed & Sexy... the healthy way!

*Customized spray tan  
No orange undertones  
No streaking, no blotching  
Anti-aging natural ingredients  
Instant natural sun kissed colour  
No alcohol, no parabens  
Long lasting colour  
Certified technicians*

### Before

- ★ Exfoliate with Sun Cocktail's scrub before your session and follow up with Sun Cocktail's Smoothie
- ★ Wax 24 hours prior to your session or shave before your session
- ★ Mani & Pedi prior to your spray tan
- ★ Don't wear deodorant or perfume
- ★ Wear loose, dark clothing to your session
- ★ Do not wear silk or satin under garments the day of your session (disposables available)
- ★ Wear flip-flops or sandals if possible

### After

- ★ Do not exercise, use saunas or steam rooms for the first 24 hours
- ★ Wait 8-12 hours before initial shower. For your first shower lightly rinse without soap. You will notice some colour rinsing, this is normal.
- ★ To prolong your tan, moisturize daily & use Sun Cocktail's Tan Reviver.
- ★ Spray tan may transfer onto bedding or light clothing before initial shower



## SPRAY TAN SUN COCKTAIL BAR MENU

### Vitality Cocktail - Anti Aging

*Includes skin prep & custom colour*

Full Body.....	\$45.00
Face & Décolleté.....	\$25.00
Half Body (upper).....	\$35.00
Half body (lower).....	\$30.00

### Vitesse - Accelerated Formula

*Includes skin prep*

Full Body.....	\$55.00
Face & Décolleté.....	\$30.00
Half Body (upper).....	\$40.00
Half body (lower).....	\$35.00

### Celebutante - Easy come, Easy go

*Includes skin prep*

Full Body Only.....	\$25.00
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### Pumped - Competition

*Includes skin prep*

Body Building (2 coats).....	\$75.00
Fitness Competition (2 coats).....	\$75.00
Dance (1 coat).....	\$65.00

### Bar Shots

Addict Boost.....	\$5.00
Hydra Boost.....	\$5.00
Paparazzi Shot.....	\$5.00

### Vitality Packages

3 sessions (Value of \$135).....	\$120.00
5 sessions (Value of \$225).....	\$200.00

### Bridal Packages

Bride & Groom.....	\$85.00/couple
Bridal party of 6 (Value of \$270).....	\$210.00

Refer 5 friends and receive one FREE spray tan

We offer Girl's Night out or Bachelorette parties. Please enquire within. We have the invites especially designed for these occasions. 50% deposit required at time of booking. Please allow 24 hrs. for cancellation.

## TANNING

Call for pricing